**2013 Gold Rush Invitational**

**September 21, 2013**



The Fort Knox and John Hardin Cross Country teams would like to invite you to the first annual Gold Rush Invitational on Saturday, September 21st at Heard Park, located on Fort Knox. The course is completely covered through shaded woods and is both runner and fan-friendly. Concessions and restrooms will be plentiful on site. The 5k course consists of 2 ½ loops of rolling hills.

RACE TIME DISTANCE TEAM FEE INDIVIDUAL FEE

Middle School Girls 8:30 am 3000 m $40.00 $8.00

Middle School Boys 9:00 am 3000 m $40.00 $8.00

Varsity Girls 9:30 am 5000 m $50.00 $10.00

Varsity Boys 10:15 am 5000 m $50.00 $10.00

Awards 11:00 am

**There is a limit of 10 runners per team in the varsity races. There is no limit in the middle school races. Schools may enter multiple teams.**

**Directions:** Traveling south on 31W, enter through the Wilson gate. From 31W, turn left onto Knox Blvd. Go .6 miles and turn left at the light onto N Wilson Road. Travel 2.9 miles and turn right onto Spearhead Division Ave. Parking area will be about .5 miles on your left. If traveling north on 31W, turn right onto Knox Blvd. and follow same directions.

Contact scott.curley@am.dodea.edu for more info.

**Mail entry form and checks to:** Scott Curley, Fort Knox High School, 266 Maine St. Fort Knox, KY 40121. Make checks payable to John Hardin XC and send before Sept. 14th.

**Hy-tek Rosters:** Please send to Jamie Hardin at Jamie.hardin@larue.kyschools.us by Sept 16th.

**2013**

**Gold Rush Entry Form**



School: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Boys Coach Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Contact Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Girls Coach Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Contact Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| --- | --- | --- | --- | --- | --- |
| RACE | # of Teams | Team Fee | # of individuals | Individual Fee | Total $ for race |
| Girls MS |  | $40 |  | $8 |  |
| Boys MS |  | $40 |  | $8 |  |
| Girls Varsity |  | $50 |  | $10 |  |
| Boys Varsity |  | $50 |  | $10 |  |
|  |  |  |  | Grand Total --> |  |

**AWARDS: Top 10 finishers in each race win an award.**

**Remember to send your Hy-tek entries to Jamie Hardin at** **jamie.hardin@larue.kyschools.us** **.**

**Mail this form with your check payable to John Hardin XC to:**

**Coach Scott Curley (502) 624-5332 Fort Knox High School 266 Maine Street Fort Knox, KY 40121**